Tammy Transcript

Audio Description: Two middle aged women are in a kitchen. The first one, Tammy, is wearing a pink t-shirt and has her hair in a bun secured with a pink scrunchy. She is in a power wheelchair. She smiles as her support worker, Christine, opens a packet on the kitchen bench in front of them. Alongside is a mixing bowl, glass measuring jug and milk, eggs, butter and sprinkles.

**Tammy:** I am Tammy. I'm a Whadjuk (Noongar) woman.

Audio Description: With her right hand Tammy adds flour to the mixing bowl. Christine cracks eggs into the measuring jug. Tammy pours the milk and egg mixture into the flour and stirs it all with a wooden spoon.

**Tammy:** My house is "me". My home changed my life. Now I can be me and do what I want.

Audio Description: There are many family photos on shelves in Tammy’s loungeroom, including one that has a background of Aboriginal artwork, a portrait of her Dad with the dates 17/11/54-8/18/16 and one of Tammy out and about in her chair laughing.

**Tammy:** I love being under my own roof,(having) my own space.

Audio Description: A small blue and gold fish with a frilly tail swims in an aquarium that has coloured stones on the bottom. Tammy uses a mini shovel to feed it fish food. She touches some of the pink crystals with her fingers.

Back in the kitchen Tammy pours the cake mixture into red cupcake cases with white polka dots. Christine puts them in the oven and when they are ready, Tammy adds sprinkles on top.

**Tammy:** I like that it's a big space, it suits me. I'm free to move around. My home is clean, nice, and organised, how I like it. I look after it.

Christine backs Tammy’s van. With the door open she squats beside it and sprays and wipes the outside as Tammy supervises.

**Tammy:** My car is everything to me. It’s mine. I take good care of it.

Tammy is now seated inside, and Christine closes the door. From above the car is seen travelling on a road with green bushland on either side. Tammy smiles as she looks out at the scenery and Christine smiles at her in the rear view mirror.

In another shot from above we see they are now on a major road close to the beach where the water is a turquoise blue with frothy white foam.

**Tammy:** I love the open road, going out for drives, cruising, listening to music, exploring places, especially water.

Audio Description: Christine wheels Tammy out backwards from the van. They walk alongside each other down to the beachfront where they sit watching the ocean, chatting and laughing.

**Tammy:** I like going out and about. I do what I want. I love shopping for my house, my garden.

Audio Description: In the supermarket, Christine and Tammy cruise the vegie and fruit section and Tammy carries their list which has the words: Cookies; eggs; chocolate and wipes for car.

In the hardware section Christine holds car wipes and car wash out to Tammy who nods.

At a garden centre Tammy wheels through, looking at the different plants and touching some of them. She laughs joyfully.

**Tammy:** I like being in the sun, it’s lovely and warm. I can sit there all day.

Audio Description: Back at home Tammy wheels out through an open sliding door into the backyard and parks herself in a sunny spot, not far from the washing line. She closes her eyes and basks in the sunlight.

**Tammy:** I’m proud of my home. It’s my safe place.

The van arrives home, and Christine slides open the side door to reveal a smiling Tammy.

Text on screen:

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